## Art and about ... ... the creative question



The creation of something new is not accomplished by the intellect, but by the play instinct acting from inner necessity.

The creative mind plays with the object it loves.



C.G.Jung

Celebrated Swiss psychologist and psychiatrist Carl Gustav Jung (1875-1961) and Indian writer, speaker and philosopher Jiddu Krishnamurti (1895-1986) shared an interesting opinion: they did not like to have "followers"! Ironically, their visionary thinking had a significant impact on countless lives; their teachings continue to attract and guide many around the world, most certainly so in this famously artistic and spiritual valley. Krishnamurti traveled the world, but most years between 1922 and 1986 he spent a few months in Ojai. He loved it here. Jung was also an artist, whose illuminating Red Book (created between 1914 and 1930 but never displayed in public) was finally exhibited in a few American and European museums between 2010 and 2012. Here is a tiny taste of these two men's distinctly different rich offerings on art and creativity, hoping their insights and words generate an abundance of inspired images, thoughts and actions at the start of a new art season in our fertile Ojai Valley.

## J. Krishnamurti - The Urgency of Change "Beauty and the Artist"

Krishnamurti: Love is the only thing that is causeless, that is free; it is beauty, it is skill, it is art. Without love there is no art. When the artist is playing beautifully there is no "me"; there is love and beauty, and this is art. This is skill in action. Skill in action is the absence of the "me". Art is the absence of the "me". (...) The absence of "me" in living is love and beauty, which brings its own skill. This is the greatest art: living skillfully in the whole field of Life.

Questioner: Oh Lord! How am I to do that? I see it and feel it in my heart but how can I maintain it?

Krishnamurti: There is no way to maintain it, there is no way to nourish it, there is no practising of it; there is only the seeing of it. Seeing is the greatest of all skills.